

OUR SERVICES

Almost Home Respite House provides respite services for the families of children and adults with intellectual challenges. Services are available on weekends, during which time professionally trained Community Living Kawartha Lakes staff manage the house. The Home is also available from Sunday evening to Friday to families supplying their own caregiving staff.

Building Bridges helps young people with an intellectual challenge (17 to 21 years of age) to prepare for life after graduation. We support young people and their families to voice concerns, develop a plan, make community connections, plan work experience and apply for funding.

The **Day Nurseries Resource Funding Program** provides funding to childcare centres so that they can hire additional staff to support the inclusion of children with special needs in their programs. With this 'hands on' support, children with special needs can participate alongside their peers.

Our **Day Supports** program gives adults with intellectual challenges the opportunity to participate in the everyday activities. Our Day Supports program offers life skills training, adult education and opportunities for recreation, leisure, volunteering and employment.

The **Family Connections Caregiver's Registry** is a directory of screened caregivers who are available to provide family respite to adults with intellectual challenges and children with special needs. Care can be provided in the family home, the caregiver's home, the Almost Home Respite House or the community.

The **Family Supports Program** is a resource for those caring for family members with an intellectual challenge. Through the Family Supports program, caregivers are informed, empowered and assisted in planning for their family member.

Foundations is a part of the Independent Living program and helps young people with intellectual challenges (aged 21 to 28) through the transition from high school to independent living.

The **Independent Living** program assists adults with intellectual challenges to identify and attain personal goals and to participate fully in the meaningful daytime activities of their choice. These goals are met through direct support and by linking with resources in the community.

Our Services are continued on the next page.

